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| Name: Date: |
| Goals for science and math this term (ends March 14):*Ensure the goals you set are specific, measureable and timely!* |  |
| Options and Opportunities:*Where can I turn to for help? Who/what are my resources?* |  |
| Obstacles:*What may stand in the way of success?*  |  |
| Direct Action:*What am I going to do specifically to reach my goal? What is my action plan?* |  |
| Successes:*What did I do well? What do I feel good about? What are the areas that I can continue to develop as the year progresses?* |  |

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| Name: Date: |
| Goals for personal growth this term:*Ensure the goals you set are specific, measureable and timely!* |  |
| Options and Opportunities:*Where can I turn to for help? Who/what are my resources?* |  |
| Obstacles:*What may stand in the way of success?*  |  |
| Direct Action:*What am I going to do specifically to reach my goal? What is my action plan?* |  |
| Successes:*What did I do well? What do I feel good about? What are the areas that I can continue to develop as the year progresses?* |  |